

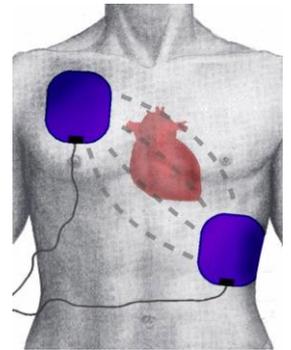


Training sessions in CPR techniques and the use of public access defibrillators

These training sessions will be run on behalf of the NLRA and Loose Parish Council by Mick Abbott as follows:

Date: Wednesday 31st October 2018
Venue: King George V Pavilion, Loose
Time: 9.30am and 12noon

Each session will last for 2 hours and classes will be a maximum of 12 people.



Candidates wishing to put themselves forward for training must be able to kneel and must appreciate that performing CPR whilst waiting for the defibrillator to arrive is absolutely vital for the casualty and will be strenuous.

Course content will include:

- (a) management of the unconscious casualty
- (b) CPR and
- (c) defibrillation

There is no cost to this course as Loose PC are letting us have the hall. You will be able to purchase a quality First Aid book for £2

If you wish to apply for a place, please choose the time that suits you and email your name and contact phone number to michael.abbott4@btinternet.com

Mick is happy for you to ring him with any questions to help you decide if it is for you – 07703 220857